

Nieuwjaarswedstrijd : Session: 2: COACH evaluation sheet for TEAM: ZCT

Coachinfo: Warming up from: 13:00 untill 14:20. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Horemans Nathalie

Coaches: Lelong Christel

Coaches: Coremans Vicky

Coaches: Wauters Tine HEADCOACH

Coaches: Janssen Koen

Coaches: Loeman Ejjennia

Coaches: Callebaut Joris

Coaches: Carriere Brenda

PB => Personal Best time SB => Seasons Best time: Season starting point: first of September.

Event number: 14: 200M MEDLEY WOMEN 11+ Heat:4, starttime: 14:42

Heat: 4/7 Lane : 1 Athlete: BOND MAYA Q-time: 02:58:96

PB (25m pool): 02:58.96 Tremelo 14/12/2025 PB (50m pool): 03:02.31 SB: 02:58.96 Tremelo 14/12/2025

	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:39.66		no time		no time		02:58.96
		00:39.66						
								

Coach feedback:

Event number: 14: 200M MEDLEY WOMEN 11+ Heat:5, starttime: 14:46

Heat: 5/7 Lane : 4 Athlete: JANSSEN LUCY Q-time: 02:52:63

PB (25m pool): 02:52.63 Leuven 12/10/2025 PB (50m pool): 02:58.51 SB: 02:52.63 Leuven 12/10/2025

	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:38.09		01:22.18		02:14.65		02:52.63
		00:38.09		00:44.09		00:52.47		00:37.98
								

Coach feedback:

Event number: 14: 200M MEDLEY WOMEN 11+ Heat:5, starttime: 14:46

Heat: 5/7 Lane : 5 Athlete: DECALUWé ELOUISE Q-time: 02:53:54

PB (25m pool): 02:53.54 Leuven 12/10/2025 PB (50m pool): 02:59.25 SB: 02:53.54 Leuven 12/10/2025

	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:39.38		01:22.34		02:16.45		02:53.54
		00:39.38		00:42.96		00:54.11		00:37.09
								

Coach feedback:

Nieuwjaarswedstrijd : Session: 2: COACH evaluation sheet for TEAM: ZCT

Event number: 14: 200M MEDLEY WOMEN 11+							Heat:5, starttime: 14:46	
Heat: 5/7 Lane : 6 Athlete: VERVLOET LIN							Q-time: 02:55:52	
PB (25m pool): 02:56.68 Tremelo 25/05/2025				PB (50m pool): 02:55.52 SB: 02:57.14 LEUVEN 21/12/2025				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:38.25		no time		no time		02:56.68
	00:38.25							
								

Coach feedback:

Event number: 14: 200M MEDLEY WOMEN 11+							Heat:6, starttime: 14:49	
Heat: 6/7 Lane : 2 Athlete: DE VOCHT LINNE							Q-time: 02:48:83	
PB (25m pool): 02:48.83 Leuven 12/10/2025				PB (50m pool): 02:57.74 SB: 02:48.83 Leuven 12/10/2025				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:36.85		01:18.54		02:10.92		02:48.83
	00:36.85		00:41.69		00:52.38		00:37.91	
								

Coach feedback:

Event number: 14: 200M MEDLEY WOMEN 11+							Heat:6, starttime: 14:49	
Heat: 6/7 Lane : 6 Athlete: PISCAER STANSE							Q-time: 02:51:65	
PB (25m pool): 02:51.65 Tremelo 25/05/2025				PB (50m pool): 02:56.07 SB: 02:52.22 LEUVEN 21/12/2025				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:39.65		no time		no time		02:51.65
	00:39.65							
								

Coach feedback:

Event number: 15: 200M MEDLEY MEN 11+							Heat:4, starttime: 15:08	
Heat: 4/7 Lane : 1 Athlete: VANDENWEGHE DRIES							Q-time: 03:00:03	
PB (25m pool): 02:55.90 LEUVEN 21/12/2025				PB (50m pool): 03:06.20SB: 02:55.90 LEUVEN 21/12/2025				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:43.54		01:26.34		02:17.68		02:55.90
	00:43.54		00:42.80		00:51.34		00:38.22	
								

Coach feedback:

Nieuwjaarswedstrijd : Session: 2: COACH evaluation sheet for TEAM: ZCT

Event number: 15: 200M MEDLEY MEN 11+							Heat:4, starttime: 15:08	
Heat: 4/7 Lane : 3 Athlete: ROCKELé LOWIE							Q-time: 02:55:06	
PB (25m pool): 02:55.06 Aarschot 04/05/2025				PB (50m pool): 02:58.02 SB: 03:02.88 LEUVEN 21/12/2025				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:37.90		no time		no time		02:55.06
	00:37.90							
								

Coach feedback:

Event number: 15: 200M MEDLEY MEN 11+							Heat:4, starttime: 15:08	
Heat: 4/7 Lane : 4 Athlete: SCHEPENS TOOR							Q-time: 02:55:64	
PB (25m pool): 02:55.64 Sinbad 16/03/2025				PB (50m pool): 02:56.79SB: 02:56.38 LEUVEN 21/12/2025				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:39.75		no time		no time		02:55.64
	00:39.75							
								

Coach feedback:

Event number: 15: 200M MEDLEY MEN 11+							Heat:5, starttime: 15:12	
Heat: 5/7 Lane : 5 Athlete: MAERTENS TOON							Q-time: 02:49:31	
PB (25m pool): 02:49.31 Zaventem 15/07/2025				PB (50m pool): 02:54.75 SB: 02:52.46 LEUVEN 23/11/2025				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:38.93		no time		no time		02:49.31
	00:38.93							
								

Coach feedback:

Event number: 15: 200M MEDLEY MEN 11+							Heat:6, starttime: 15:15	
Heat: 6/7 Lane : 1 Athlete: MERTENS LANDER							Q-time: 02:43:35	
PB (25m pool): 02:43.35 Leuven 12/10/2025			PB (50m pool): 02:52.19SB: 02:43.35 Leuven 12/10/2025					
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:36.58		01:16.95		02:05.64		02:43.35
	00:36.58		00:40.37		00:48.69		00:37.71	
								

Coach feedback:

Nieuwjaarswedstrijd : Session: 2: COACH evaluation sheet for TEAM: ZCT

Event number: 17: 100M BREASTSTROKE WOMEN 11+					Heat:3, starttime: 15:28
Heat: 3/11 Lane : 2 Athlete: SALAETS TESS					Q-time: 01:53:37
PB (25m pool): 01:48.58 Tremelo 15/12/2024					PB (50m pool): 01:59.96 SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:50.15		01:48.58	
	00:50.15		00:58.43		
					

Coach feedback:

Event number: 17: 100M BREASTSTROKE WOMEN 11+					Heat:4, starttime: 15:30
Heat: 4/11 Lane : 2 Athlete: MEERSMAN LORE					Q-time: 01:43:47
PB (25m pool): 01:43.47 Tienen 26/10/2025					PB (50m pool): no time SB: 01:43.47 Tienen 26/10/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:49.46		01:43.47	
	00:49.46		00:54.01		
					

Coach feedback:

Event number: 17: 100M BREASTSTROKE WOMEN 11+					Heat:4, starttime: 15:30
Heat: 4/11 Lane : 3 Athlete: DE VOCHT FLORE					Q-time: 01:41:88
PB (25m pool): 01:41.88 Aarschot 04/05/2025					PB (50m pool): 02:01.06 SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:49.34		01:41.88	
	00:49.34		00:52.54		
					

Coach feedback:

Event number: 17: 100M BREASTSTROKE WOMEN 11+					Heat:5, starttime: 15:32
Heat: 5/11 Lane : 1 Athlete: BELIAEV EMILY					Q-time: 01:39:50
PB (25m pool): 01:39.67 Tienen 26/10/2025					PB (50m pool): 01:39.50 SB: 01:39.67 Tienen 26/10/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:48.24		01:39.67	
	00:48.24		00:51.43		
					

Coach feedback:

Nieuwjaarswedstrijd : Session: 2: COACH evaluation sheet for TEAM: ZCT

Event number: 17: 100M BREASTSTROKE WOMEN 11+					Heat:10, starttime: 15:43
Heat: 10/11 Lane : 2 Athlete: UYTTERHOEVEN FIEBE					Q-time: 01:21:05
PB (25m pool): 01:21.05 LEUVEN 23/11/2025					PB (50m pool): 01:23.55 SB: 01:21.05 LEUVEN 23/11/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:38.55		01:21.05	
	00:38.55		00:42.50		
					

Coach feedback:

Event number: 17: 100M BREASTSTROKE WOMEN 11+					Heat:10, starttime: 15:43
Heat: 10/11 Lane : 6 Athlete: VELDHUIS VICTORIA					Q-time: 01:21:76
PB (25m pool): 01:19.81 Stedelijk Zwembad Geel 11/02/2024					PB (50m pool): 01:22.26 SB: 01:22.44 Leuven 12/10/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:19.81	
	no time				
					

Coach feedback:

Event number: 17: 100M BREASTSTROKE WOMEN 11+					Heat:11, starttime: 15:45
Heat: 11/11 Lane : 3 Athlete: VERELST LAURA					Q-time: 01:17:58
PB (25m pool): 01:17.58 Aarschot 28/07/2025					PB (50m pool): 01:19.37 SB: 01:17.70 Leuven 12/10/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:36.92		01:17.58	
	00:36.92		00:40.66		
					

Coach feedback:

Event number: 17: 100M BREASTSTROKE WOMEN 11+					Heat:11, starttime: 15:45
Heat: 11/11 Lane : 4 Athlete: UYTTERHOEVEN FLO					Q-time: 01:18:42
PB (25m pool): 01:18.42 LEUVEN 23/11/2025					PB (50m pool): 01:20.91 SB: 01:18.42 LEUVEN 23/11/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:36.83		01:18.42	
	00:36.83		00:41.59		
					

Coach feedback:

Nieuwjaarswedstrijd : Session: 2: COACH evaluation sheet for TEAM: ZCT

Event number: 17: 100M BREASTSTROKE WOMEN 11+					Heat:11, starttime: 15:45
Heat: 11/11 Lane : 6 Athlete: DECALUWé HELENA					Q-time: 01:20:15
PB (25m pool): 01:20.15 LEUVEN 23/11/2025					PB (50m pool): 01:24.43 SB: 01:20.15 LEUVEN 23/11/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:37.43		01:20.15	
	00:37.43		00:42.72		
					

Coach feedback:

Event number: 18: 100M BREASTSTROKE MEN 11+					Heat:2, starttime: 15:49
Heat: 2/7 Lane : 1 Athlete: WINDEY LOUIS					Q-time: 02:05:86
PB (25m pool): 02:05.86 Leuven. 23/02/2025					PB (50m pool): no time SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		01:00.21		02:05.86	
	01:00.21		01:05.65		
					

Coach feedback:

Event number: 18: 100M BREASTSTROKE MEN 11+					Heat:2, starttime: 15:49
Heat: 2/7 Lane : 3 Athlete: TORDOIR MILAS					Q-time: 02:02:81
PB (25m pool): 02:02.81 Aarschot 04/05/2025					PB (50m pool): no time SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:59.23		02:02.81	
	00:59.23		01:03.58		
					

Coach feedback:

Event number: 18: 100M BREASTSTROKE MEN 11+					Heat:3, starttime: 15:52
Heat: 3/7 Lane : 2 Athlete: SOENS JACK					Q-time: 01:45:92
PB (25m pool): 01:45.92 Aarschot 04/05/2025					PB (50m pool): 01:53.85 SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:50.98		01:45.92	
	00:50.98		00:54.94		
					

Coach feedback:

Nieuwjaarswedstrijd : Session: 2: COACH evaluation sheet for TEAM: ZCT

Event number: 18: 100M BREASTSTROKE MEN 11+					Heat:3, starttime: 15:52
Heat: 3/7 Lane : 6 Athlete: MEERSMAN JONAS					Q-time: 01:55:42
PB (25m pool): 01:53.44 Tremelo 15/12/2024					PB (50m pool): no time SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:54.30		01:53.44	
	00:54.30		00:59.14		
					

Coach feedback:

Event number: 18: 100M BREASTSTROKE MEN 11+					Heat:7, starttime: 16:01
Heat: 7/7 Lane : 3 Athlete: GEENS DRé					Q-time: 01:12:50
PB (25m pool): 01:12.50 Leuven 12/10/2025					PB (50m pool): 01:16.57 SB: 01:12.50 Leuven 12/10/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:33.91		01:12.50	
	00:33.91		00:38.59		
					

Coach feedback:

Event number: 20: 200M BACKSTROKE WOMEN 11+						Heat:4, starttime: 16:37		
Heat: 4/4 Lane : 3 Athlete: BOHMER JANNE						Q-time: 02:31:59		
PB (25m pool): 02:31.59 Leuven 12/10/2025						PB (50m pool): 02:37.06 SB: 02:31.59 Leuven 12/10/2025		
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:36.87		01:15.29		01:54.02		02:31.59
	00:36.87		00:38.42		00:38.73		00:37.57	
								

Coach feedback:

Event number: 23: 100M FREESTYLE WOMEN 11+					Heat:3, starttime: 17:02			
Heat: 3/15 Lane : 1 Athlete: MEERSMAN LORE					Q-time: 01:24:07			
PB (25m pool): 01:24.07 Tienen 26/10/2025					PB (50m pool): 01:29.45 SB: 01:24.07 Tienen 26/10/2025			
	2 5 M	5 0 M	7 5 M	1 0 0 M				
PB		00:39.99		01:24.07				
	00:39.99		00:44.08					
								

Coach feedback:

Nieuwjaarswedstrijd : Session: 2: COACH evaluation sheet for TEAM: ZCT

Event number: 23: 100M FREESTYLE WOMEN 11+				Heat:4, starttime: 17:04	
Heat: 4/15 Lane : 4 Athlete: BELIAEV EMILY				Q-time: 01:18:79	
PB (25m pool): 01:21.64 Leuven 12/10/2025				PB (50m pool): 01:18.79SB: 01:21.64 Leuven 12/10/2025	
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:39.46		01:21.64	
	00:39.46		00:42.18		
					

Coach feedback:

Event number: 23: 100M FREESTYLE WOMEN 11+				Heat:5, starttime: 17:06	
Heat: 5/15 Lane : 5 Athlete: SALAETS TESS				Q-time: 01:15:89	
PB (25m pool): 01:15.89 Tremelo 14/12/2025				PB (50m pool): 01:27.00SB: 01:15.89 Tremelo 14/12/2025	
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:35.90		01:15.89	
	00:35.90		00:39.99		
					

Coach feedback:

Event number: 23: 100M FREESTYLE WOMEN 11+				Heat:6, starttime: 17:07	
Heat: 6/15 Lane : 3 Athlete: VERVLOET LIN				Q-time: 01:13:25	
PB (25m pool): 01:14.53 Aarschot 04/05/2025				PB (50m pool): 01:13.25SB: no time	
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:34.43		01:14.53	
	00:34.43		00:40.10		
					

Coach feedback:

Event number: 23: 100M FREESTYLE WOMEN 11+				Heat:7, starttime: 17:09	
Heat: 7/15 Lane : 1 Athlete: DE VOCHT FLORE				Q-time: 01:12:52	
PB (25m pool): 01:12.52 Tremelo 14/12/2025				PB (50m pool): 01:21.71SB: 01:12.52 Tremelo 14/12/2025	
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:35.63		01:12.52	
	00:35.63		00:36.89		
					

Coach feedback:

Nieuwjaarswedstrijd : Session: 2: COACH evaluation sheet for TEAM: ZCT

Event number: 23: 100M FREESTYLE WOMEN 11+					Heat:7, starttime: 17:09
Heat: 7/15 Lane : 6 Athlete: BOND MAYA					Q-time: 01:12:95
PB (25m pool): 01:12.95 LEUVEN 23/11/2025					PB (50m pool): 01:12.97 SB: 01:12.95 LEUVEN 23/11/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:34.62		01:12.95	
	00:34.62		00:38.33		
					

Coach feedback:

Event number: 23: 100M FREESTYLE WOMEN 11+					Heat:8, starttime: 17:11
Heat: 8/15 Lane : 2 Athlete: PISCAER STANSE					Q-time: 01:09:69
PB (25m pool): 01:09.63 Diksmuide 17/11/2024					PB (50m pool): 01:11.55 SB: 01:10.28 LEUVEN 23/11/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:32.48		01:09.63	
	00:32.48		00:37.15		
					

Coach feedback:

Event number: 23: 100M FREESTYLE WOMEN 11+					Heat:8, starttime: 17:11
Heat: 8/15 Lane : 3 Athlete: JANSSEN LUCY					Q-time: 01:09:13
PB (25m pool): 01:09.13 LEUVEN 23/11/2025					PB (50m pool): 01:09.45 SB: 01:09.13 LEUVEN 23/11/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:33.48		01:09.13	
	00:33.48		00:35.65		
					

Coach feedback:

Event number: 23: 100M FREESTYLE WOMEN 11+					Heat:9, starttime: 17:13
Heat: 9/15 Lane : 3 Athlete: DECALUWé ELOUISE					Q-time: 01:08:49
PB (25m pool): 01:08.49 LEUVEN 23/11/2025					PB (50m pool): 01:09.76 SB: 01:08.49 LEUVEN 23/11/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:32.61		01:08.49	
	00:32.61		00:35.88		
					

Coach feedback:

Nieuwjaarswedstrijd : Session: 2: COACH evaluation sheet for TEAM: ZCT

Event number: 23: 100M FREESTYLE WOMEN 11+				Heat:10, starttime: 17:14	
Heat: 10/15 Lane : 2 Athlete: UYTTERHOEVEN FIEBE				Q-time: 01:07:93	
PB (25m pool): 01:07.93 Leuven 12/10/2025				PB (50m pool): 01:09.99 SB: 01:07.93 Leuven 12/10/2025	
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:33.63		01:07.93	
	00:33.63		00:34.30		
					

Coach feedback:

Event number: 23: 100M FREESTYLE WOMEN 11+				Heat:11, starttime: 17:16	
Heat: 11/15 Lane : 5 Athlete: DE VOCHT LINNE				Q-time: 01:06:91	
PB (25m pool): 01:06.91 Heist Op Den Berg 11/01/2025				PB (50m pool): 01:08.45 SB: 01:07.26 LEUVEN 21/12/2025	
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:32.19		01:06.91	
	00:32.19		00:34.72		
					

Coach feedback:

Event number: 23: 100M FREESTYLE WOMEN 11+				Heat:13, starttime: 17:19	
Heat: 13/15 Lane : 3 Athlete: THIJS MAAIKE				Q-time: 01:02:90	
PB (25m pool): 01:02.90 LEUVEN 23/11/2025				PB (50m pool): 01:04.68 SB: 01:02.90 LEUVEN 23/11/2025	
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:30.31		01:02.90	
	00:30.31		00:32.59		
					

Coach feedback:

Event number: 23: 100M FREESTYLE WOMEN 11+				Heat:14, starttime: 17:21	
Heat: 14/15 Lane : 3 Athlete: VELDHUIS VICTORIA				Q-time: 01:01:77	
PB (25m pool): 01:01.77 Stedelijk Zwembad Geel 16/02/2025				PB (50m pool): 01:03.91 SB: 01:02.64 LEUVEN 21/12/2025	
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:30.25		01:01.77	
	00:30.25		00:31.52		
					

Coach feedback:

Nieuwjaarswedstrijd : Session: 2: COACH evaluation sheet for TEAM: ZCT

Event number: 23: 100M FREESTYLE WOMEN 11+				Heat:14, starttime: 17:21	
Heat: 14/15 Lane : 5 Athlete: VERELST LAURA				Q-time: 01:02:22	
PB (25m pool): 01:02.22 LEUVEN 23/11/2025				PB (50m pool): 01:05.30 SB: 01:02.22 LEUVEN 23/11/2025	
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:29.89		01:02.22	
	00:29.89		00:32.33		
					

Coach feedback:

Event number: 24: 100M FREESTYLE MEN 11+				Heat:1, starttime: 17:24	
Heat: 1/10 Lane : 3 Athlete: WINDEY LOUIS				Q-time: 01:39:72	
PB (25m pool): 01:41.92 Leuven. 23/02/2025				PB (50m pool): 01:39.72 SB: no time	
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:48.70		01:41.92	
	00:48.70		00:53.22		
					

Coach feedback:

Event number: 24: 100M FREESTYLE MEN 11+				Heat:2, starttime: 17:26	
Heat: 2/10 Lane : 1 Athlete: MEERSMAN JONAS				Q-time: 01:30:73	
PB (25m pool): 01:30.73 Aarschot 04/05/2025				PB (50m pool): 01:30.75 SB: no time	
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:43.88		01:30.73	
	00:43.88		00:46.85		
					

Coach feedback:

Event number: 24: 100M FREESTYLE MEN 11+				Heat:2, starttime: 17:26	
Heat: 2/10 Lane : 2 Athlete: TORDOIR MILAS				Q-time: 01:26:94	
PB (25m pool): 01:32.99 Tremelo 12/01/2025				PB (50m pool): 01:26.53 SB: no time	
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:44.12		01:32.99	
	00:44.12		00:48.87		
					

Coach feedback:

Nieuwjaarswedstrijd : Session: 2: COACH evaluation sheet for TEAM: ZCT

Event number: 24: 100M FREESTYLE MEN 11+					Heat:3, starttime: 17:28
Heat: 3/10 Lane : 5 Athlete: SOENS JACK					Q-time: 01:16:86
PB (25m pool): 01:20.18 Aarschot 04/05/2025					PB (50m pool): 01:16.86 SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:37.40		01:20.18	
	00:37.40		00:42.78		
					

Coach feedback:

Event number: 24: 100M FREESTYLE MEN 11+					Heat:4, starttime: 17:30
Heat: 4/10 Lane : 3 Athlete: VANDENWEGHE DRIES					Q-time: 01:11:56
PB (25m pool): 01:11.56 LEUVEN 23/11/2025					PB (50m pool): 01:14.61 SB: 01:11.56 LEUVEN 23/11/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:35.27		01:11.56	
	00:35.27		00:36.29		
					

Coach feedback:

Event number: 24: 100M FREESTYLE MEN 11+					Heat:5, starttime: 17:32
Heat: 5/10 Lane : 4 Athlete: ROCKELé LOWIE					Q-time: 01:09:17
PB (25m pool): 01:09.17 Tienen 26/10/2025					PB (50m pool): 01:11.44 SB: 01:09.17 Tienen 26/10/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:33.25		01:09.17	
	00:33.25		00:35.92		
					

Coach feedback:

Event number: 24: 100M FREESTYLE MEN 11+					Heat:6, starttime: 17:34
Heat: 6/10 Lane : 1 Athlete: SCHEPENS TOOR					Q-time: 01:08:19
PB (25m pool): 01:08.19 LEUVEN 23/11/2025					PB (50m pool): 01:11.03 SB: 01:08.19 LEUVEN 23/11/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:32.17		01:08.19	
	00:32.17		00:36.02		
					

Coach feedback:

Nieuwjaarswedstrijd : Session: 2: COACH evaluation sheet for TEAM: ZCT

Event number: 24: 100M FREESTYLE MEN 11+					Heat:6, starttime: 17:34
Heat: 6/10 Lane : 2 Athlete: MERTENS LANDER					Q-time: 01:07:39
PB (25m pool): 01:07.39 LEUVEN 23/11/2025					PB (50m pool): 01:11.77 SB: 01:07.39 LEUVEN 23/11/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:31.59		01:07.39	
	00:31.59		00:35.80		
					

Coach feedback:

Event number: 24: 100M FREESTYLE MEN 11+					Heat:7, starttime: 17:35
Heat: 7/10 Lane : 1 Athlete: MAERTENS TOON					Q-time: 01:06:20
PB (25m pool): 01:05.73 LEUVEN 21/12/2025					PB (50m pool): 01:07.42 SB: 01:05.73 LEUVEN 21/12/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:31.75		01:05.73	
	00:31.75		00:33.98		
					

Coach feedback:

Event number: 24: 100M FREESTYLE MEN 11+					Heat:9, starttime: 17:39
Heat: 9/10 Lane : 3 Athlete: PELGRIMS LOWIE					Q-time: 00:57:19
PB (25m pool): 00:57.19 LEUVEN 23/11/2025					PB (50m pool): 00:59.35 SB: 00:57.19 LEUVEN 23/11/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:27.30		00:57.19	
	00:27.30		00:29.89		
					

Coach feedback:

Event number: 24: 100M FREESTYLE MEN 11+					Heat:10, starttime: 17:40
Heat: 10/10 Lane : 2 Athlete: VAN GRUNDERBEECK BAS					Q-time: 00:55:88
PB (25m pool): 00:55.72 LEUVEN 21/12/2025					PB (50m pool): 00:58.78 SB: 00:55.72 LEUVEN 21/12/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:27.01		00:55.72	
	00:27.01		00:28.71		
					

Coach feedback:

Nieuwjaarswedstrijd : Session: 2: COACH evaluation sheet for TEAM: ZCT

Event number: 24: 100M FREESTYLE MEN 11+				Heat:10, starttime: 17:40	
Heat: 10/10 Lane : 4 Athlete: GEENS DRé				Q-time: 00:55:57	
PB (25m pool): 00:55.57 Leuven 12/10/2025				PB (50m pool): 00:56.64 SB: 00:55.57 Leuven 12/10/2025	
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:26.67		00:55.57	
	00:26.67		00:28.90		
					

Coach feedback: